

THE NEXT NEW YEAR

2018-12-01

- 2018-1201-001 Okay. I invite you now just to take that deep breath and allow the bodies to be comfortable. And then taking another easy breath, feel the Golden white light that is around you. Feel it coming in through the crown chakra and going down to the fingertips and down to the toes, turning on all of the lights of all of the cells of the body. Feel yourself to be a light. Because you are. Visualize that golden white light around you. Feel it expanding.
- 2018-1201-002 Then taking another easy breath, feel that light coming in and going to the heart, expanding outward from the heart as far as you can imagine it to go. Feel yourself to be expansive light. Feel yourself to be easy, expanded and joyful knowing that truly you are the gift of Christmas. And in that space we will invite the one known as Jeshua, Yeshua, Jesus, to be with us in this way.
- 2018-1201-003 Beloved, and holy and only child of my heavenly Father. Child of the one source, child of light, divine, that is who you are. Take it deeply within the consciousness and contemplate what that means. Child of Light, joyful.
- 2018-1201-004 I have been feeling your joy and it becomes you in all sense of the word. It becomes you as a certain complement and it becomes you as you tune into real meaning.
- 2018-1201-005 I am the one known as Joshua Ben Joseph. Jesus you have called me, and it is a great joy that I come to abide with you this evening in your timing. Great joy! (Great Joy!) Good. I think you've got it. Ha Ha. It brings forth the smile on the face and the twinkle in the eyes because truly as has been already said this evening you are the gift of Christmas. You have your holy days coming up soon, you are already preparing for them in a shopping, in the thinking of who am I going to be with to celebrate. What kind of baking what kind of cookies I'm going to be making or am I going to be buying them. And either way is okay.
- 2018-1201-006 And how am I going to celebrate? - truly celebrate that which I am? As was said the last time that we met in this way it is to take out the notebook, the journal, each evening and to write a sentence or one word that sums up the happiness, the joy, of that today. Then when you reach your holy day it is to read that evening all of what has been written up to that point and to, if you wish, to keep on into what you call the New Year, writing down one thing every day that has brought you joy. And if you have spent a whole day with no joy then allow yourself to look in the mirror and laugh. Because that which you see in the mirror sometimes can be laughable. And if there is nothing else in the day that brings a smile to your face it will be looking at the visage of yourself and looking at how the hair grows. (plays with the hair)

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- 2018-1201-007 Know you that is a miracle that you do? You grow the hair (Not too well...) Ha Ha. You are following a pattern (yes, my uncles - laughs) I understand and he was following a pattern (yes, his uncles on the other side, but I think I was actually an aunt, but I' m not too sure,) One of the small ones? (NO. One of the ones with a rolling pin) Ah ha! (A German aunt) Oh, A German aunt. Probably has some Latin name for that (kitchen) Ha Ha. (That' s what her name probably was) Ahhh. She probably spent good time baking.
- 2018-1201-008 Yes as you will write down each evening one thing. I know, you said 'But Joshua! Why do I have to have homework?' One word. it's not too heavy. One word that sums up something in the day that has brought a smile to your face. And if it is not something that is most understandable right away - doesn't come to mind right away - you will remember (Jeshua puts on a hat) this! Yes! Brought a smile to your face, yes? Just about my size, not quite. (Turns to owner of hat) You have a larger head. Ah ha. (Yes, I' m called a fat head, but I' m not sure about that.) (Laughs) Yes very good. This is very much like, the ones they wear on the stage when they go dancing across the stage. Yes, I' ll have to practice that. (comment from participant, not heard. Everyone laughs) It could be, of course. (takes hat to another, and looks back at hat' s owner) May I? (Places hat on second participant) (Lots of laughter), Yes, yes, it fits you! (I must have a fatter head. It' s really tight!) Yes And you were complaining about the loss of the hair follicles (more banter) Most, most festive. Look at the embellishment. I think a good feel to it. (Holds hat up) Hold it up in front of the camera.
- 2018-1201-009 We are going to do something different. (while holding the hat, walks over to more participants) We are going to try it one more time. (Places hat on another) Oh yes, definitely. That suits you. There we go! (Pretends to take a photo). Take the picture. ('Thank you Charles!) If we were playing the game that we just finished playing you would be, you would never get it back. It would be circulating every time. I feel a calling here. (Takes hat and places it on another' s head) Ah yes, that suits you, too. Definitely! A good personality for it! Yes. You are a hat person, yes? (Yes) It would not let me walk away without putting it on your head. Definitely a hat person.
- 2018-1201-010 (Takes hat and walks it back to the owner, Charles) This was a gift to you? (Ahh, no I purchased it for myself.) And then it was a gift. Very good. (Looks and Tim, whose own Santa hat had fallen to the ground) Ah, one' s hat has fallen. You see how simple it was to bring forth the laughter? And you would write, when you go home this evening, you will have many choices as to what to write. You might write a few other things as well., as to 'I have this most wonderful hat. Someone else will like it. They took it and you got to share. Some of you noted where they come from and you have in mind I understand to order one for yourself. Good idea!

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- 2018-1201-012 You are most creative and you wonder sometimes why do I create such and such? It is for the experience of it and to be in joy with the experience. Now I know sometimes you say 'But Yeshua, that wasn't really something I wanted to celebrate.' But then as time goes on there is a knowing - a deeper knowing - that comes forth and oftentimes it will come out in the words of a certain poem that expresses itself and brings forth a point perhaps you haven't thought of. But it brings forth something of joy who read, who feel to be at one with.
- 2018-1201-013 All of you have the certain talents. Ones that you share with other ones. All of you have, in truth, many talents and this is a time of year that you can list, make a list of the talents that you have because each and every one of you have wonderful gifts. Not only the gifts that are under the Christmas tree at this time but gifts that you enjoy, that you give throughout the year. You are most creative. This is something again that you will want to take stock of. You think, 'What do I have as a gift to share with other ones?' And it may be that there is something that comes to mind right away and then as the day goes on or another day you have opportunity to see other gifts that you have. Ones that you maybe haven't done as inventory, but they just come up from your nature. Naturally, they come up. And you get to share those with other ones. Maybe a word, maybe a sentence - it may be something that you say as you see from what they are wearing, what they are saying, a complement that you give or that they give. And you find home in certain rapport with one. Know you that is treasure. You will write that in your notebook as that occurs to you.
- 2018-1201-014 In this evening you have brought forth many gifts: The tangible ones that you got to exchange - to keep for a moment or so or longer (Laughter) And many intangible gifts: a friendship, an acceptance, of meeting new ones and old ones and feeling their qualities of friendship - friendships that seemed to be old, yet new. Because truly all of you in this room, all of you within the sound of my voice, you have known each other. You have played with each other. You have fought with each other as siblings and as tribes, for the sheer experience of it. Then you come to a certain place of taking inventory and you say, "Oh! I know that feeling!" Someone may come up to you and you will say 'This is what I'm going through.' Or they may not say that because they may not have put it into words yet, identified it. And you say, 'Yes, I know that feeling. I've been there. I've done that. I know how that feels.' And sometimes you will offer a word of comfort, a word of understanding, a word that is wordless, that just says 'I want to hold you and let you know that you have value.'
- 2018-1201-015 You are coming through a time - note that well: 'coming through' - of many of the brothers and sisters not feeling that they have value. Many of the ones "proving" it to themselves by not having the possessions; the homeless ones who do not have home that they can call their own. Ones who are without feeling

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friends. You have many who are experiencing and completing the aspect of value.

“Do I have value? Is there meaning in my life?” And many ones, as you have seen, are opting out because it is a bit too complex and they think that they do not have value.

2018-1201-016 I have exhorted you many times to look at each person as you pass by and to look them in the eye. To acknowledge who and what they are. Not in words, unless you want to, but to acknowledge them eye to eye so that they know they have been seen that they have value because, in what you term your modern day there is so much of the hurry. Especially at this time of year when ones are busy and their mind is somewhere else as to what they should buy for the various gifts and all of the things that they have to do. And they do not stop to take value to see the value in ones that they pass by.

2018-1201-017 Allow yourself to acknowledge each and every one that you see in the day. Do not pass by a brother or sister without looking them in the eye to allow them to know that you see them - That they have value. They are not invisible. Because many of the brothers and sisters this time and day with all of the hurry of life feel that they are invisible, that nobody cares. That they don't have value.

2018-1201-018 You, as you will look upon them and as you look them in the eye even if you do not say anything, or if you want to, you can say it. As you do that you give them affirmation that you see their value, that they have value. And even if it seems to be a passing thing that you do, it makes impact. So be aware. Look upon the brothers and sisters with a smile upon your face. Look at what they are experiencing let them know, in word, indeed if you are led to do that, that you have seen them. They are not invisible.

2018-1201-019 This leads me to the topic for this evening: the New Year. The new year in your timing that you are walking into and how is it going to be? Well, you are going to determinate it. Because it is going to be as you decree. If you feel that, and nobody in this group feels this way I know, that it is too heavy and that there are too many challenges and that there is nothing worthwhile, then there's going to be a certain outcome that ones feel. But if you write down each evening the little bit of homework - a small bit of homework - you will have right in front of you, in print, in ink - put it in ink, not pencil. Put it in ink - one happening in that day that is of joy. And if it has to be even the place where it is the absence of something that didn't happen today write that down, because at least that is a positive way of looking at it. But I'm sure, as you go through the days, you will find much to write because you have already trained yourself to look for the good and to live in that space of good, that which does bring you joy.

2018-1201-020 Ones have been asking in this year, “What is going on?” because there are decisions that seem to be made by your “leaders” who make decisions that seem

to be... well, perhaps impulse. And you have wondered "Where is that coming from? Why is that coming? What does that mean? Where is it leading us?"

- 2018-1201-021 You have had very recently, the last 24 hours or so, one who has made his transition to what is called heaven. A Heaven right here, right now. Not something you have to wait for. That is why I have suggested to you that you write down that which is joyful, so that you know that heaven is truly right here with you. It does not have to be something that you wait for and it does not have to be something that you earn by being good. You earn it by accepting it. "I say 'I am creating and that which I create is good because it is.'" So you kind of make a shift in your thinking and you say, "That which I create is from the God energy of me, therefore it has to be good." And as you call it good if becomes that to you.
- 2018-1201-022 The one who has recently ceased the body, it has served him well. He was one who wanted to reach out to other ones, to bring ones together in a place of the shared experience of life. One who wanted to, as your saying goes, reach across the aisle to brothers and sisters to find the commonality, what would work to bring forth joy of living. To look on the good side of one's making life better for each other. He has been in many lifetimes the master who has been teacher, who has said "I will reach out the brothers and sisters. I will see what brings us together." And you have had one recently who has been teacher and is teacher to you, by his decisions, to show you what that feels like. And once more and more of the brothers and sisters are getting a chance to re-evaluate their own feelings as to whether does this feel good or does this feel strange.
- 2018-1201-023 Your next year is going to bring many opportunities for getting in touch for how the vibration feels. It is going to be a continuation, accelerated somewhat as to what you have been experiencing and you bring it forth because you want to know it. Not as a punishment. Not because one is right and one is wrong. No one is ever wrong. Every choice every decision brings opportunity. You live in love. It doesn't always look that way on first look, but as you will not judge, as you will sit with it and begin to understand, 'What does this bring up to experience?' and 'Is this where I want to live?' you become clearer and clearer as to the Christ self of you. It is truly what you want to know. That is why you make for yourself the body. That is why you make the human experience. It is why you walk amongst the brothers and sisters and share experiences. You want to know, "What is my true nature? What feels Christ-like?" Not in the sense that it comes out of the Holy Book, but 'How does it feel in my heart? Does it feel expensive? Does it feel loving? Does it feel that I can experience every nuance of that other person as myself? As the Christ self?' If you are, and if they are, or does it feel that there is this great chasm between? And if that is how it feels, stop, breathe and ask of self, How can I see this differently? And you will

pour upon that experience your soothing love of knowing the truth of your being, the truth of your experiencing, that you have had that kind of lifetime already. Otherwise you would not understand it, you would not feel it, you would not even see it. You have already been there. And then you will ask of self, 'What made it turn around?' Truly it was someone else looking upon you and smiling. Looking upon and seeing you have worth. You may have been told all of your lifetime that you were not worth anything and the inside part of you, the real part of you said, "That's not true! I have value. But it does not seem to be obvious to other ones and that, of course, is where they are looking. I have value!" And then someone comes along and they look at you and they say, "Wow! I see you for the master that you are! What you just said," (and you said something), "that awakens within me," (something they say), "something that I can relate to." And you, it turned on. They get turned on and hopefully it happens quickly, not always - sometimes it takes more than one time - but it gives opportunity for ones to reevaluate themselves. One has value. "Well, you know that person spoke to me. They must see me. Hmmmm. I wonder what that means?" It means a lot! Know that truly you have value. That truly someone sees you - the true energy that you are. Christ energy, walking around, however you go with mobility, expressing the Christ nature, the smile.

2018-1201-024 Know you, you're very good at the smile. Yes there it is! Most wonderous. All of you, you know how to smile. You know how to crinkle up the eyes as you smile. You know how it feels. I see one over here that I must go visit.

2018-1201-025 You know the truly every time I am attracted to the beards. I had a beard 2000 years ago. May I touch? (Sure) Oh, most wondrous. How long have you been growing this? All of your life? (eh.. no.) No? (Since 1978) 1978. Well that would be what? what you call... 40? (Yes) Forty is the number. It means forever and ever. It is something that you have had in other lifetimes. Something that you are attracted to that you do easily. And it is something that you have identified with other lifetimes as well. But you don't know, but I know. I knew you 2000 years ago.

2018-1201-026 I was not exactly as is portrayed in the holy book. I was friend. First and foremost. Friend. Equal. To everyone. Then one's got a hold of the idea they put me on this great pedestal. I don't like being on the pedestal. One can fall off of it. Just like that. And this happens, because one says, "Well, he should be such and such." And if I do not seem to be that, anyways I have a sense of humor and sometimes I make jokes, at least I think they are. (Laughter) And other ones, they do not understand and they think that I am being a bit foolish. One is never foolish. One teaches by whatever means one can teach. So I did a lot of different kinds of teaching in 2000 years ago in that lifetime and I continue in this day and time teaching as you do. Quietly, for the most part, although it is written and it

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was true that I did have a bit of what I would term righteous anger when I overturned the tables of the money changers. Because as you have experience in this lifetime when the bottom line is more important than friendship and love there is a certain element of energy that comes forth. And I wanted to make demonstration - funny demonstration overturning the tables and they were scrambling on the the ground to pick up the most wondrous value, as they thought, in the golden coins. And is made lesson for them to see what was, how in their value judgment as most important. It did awaken - some. It has been a teaching point down through the ages. So there were times that I was not meek and mild and gentle. Sometimes one teaches by different methods.

2018-1201-027 So I say to you in this new year that is coming up for you to be aware of your value. To be aware of the value of brothers and sisters. To reach to ones that may have different viewpoint than you do, or have different language as to how they express their philosophy. Do not be quick to judge and to say there is separation and that they are wrong. No one truly is wrong. They are experiencing and creating that which looks to be different. But when you will stop and when they will stop and take a deep breath, and I know sometimes that is a bit difficult, you will find that you have more in common than was apparent in the beginning. Look for the common values; ones that are shared.

2018-1201-028 He, as the teacher who has patience to allow the one who is learning, who go through the different avenues of learning, live in love. Work on that way. And if the only method that would seem to work as a last resort use a little energy. It is okay. It does make impact. But try the other methods first. Speak from the heart. Love each and every one as an example of the Christ which they are, even if what they put into the words seems to be diametrically opposed to what you feel about this. See them as the small infant. Innocent. Now I know that each one, as you are clinging to an expression of life, does not come without some great disposition. Because each of us before the incarnation meets with what you would call the soul group and decides on what wants to be experienced in a lifetime, The salient points, the details there are left up to timing as to what choose. But the salient points of what you want to experience, that is pretty well set before the incarnation and with lots of room as to how you are going to do it. And it leaves lots of room for the impromptu choice because you may have certain viewpoint of something and you are going to defend that to the death. And then all of a sudden as a new idea that comes to you and you decide, “Hmmm. I have to think about that one for a while.”

2018-1201-029 I have seen you do this. I have seen you come right up against what you thought you knew and then you said “But perhaps...” You have taken the deep breath and things have appeared differently. In other words you have made shift in perception.

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- 2018-1201-030 This next year is going to be fun for you. It is going to be exhilarating. It's going to be challenging. It's going to give you opportunity to make a decision, "This is how I feel about it!" But mainly you can look at it differently. It's going to be a year of reevaluation - living in the heart, loving, finding value in self and in others. Because you have a saying in this world, in this experience, that God does not make junk. He, She, It, does not make junk. Each and every one of you has value. And it is to be used to allow others to see their value. To be able to give forth the gift of love. That is your true mission. That is why you are here. It is to give love - to others and to self. Come to the place where you say "You know, it not being conceited to say that I have value." Because you do have value. It's only being you. Know that there are many times in the day when I reach out to other ones and I give them a word of encouragement, a hug, a place of comfort for them, a place where they can stop and know that truly they are healed.
- 2018-1201-031 The one who is great master right now who is making many decisions that seem to be quite opposed to the Christ nature, is a great teacher. He said, before the incarnation, that he would be great teacher by decisions that he would make and, in being teacher, he would come to a place when he would understand his true nature. He's still working on that! (Laughter) As you are. You come to the place of knowing your true value as the Christ that you are. So, have patience within and with yourself.
- 2018-1201-032 The year is going to be fun. "Oh yes, yeah, Jeshua, I'm sure it's going to be fun! I'm sure it's going to be really full of all kinds of questions. Not that I'm going to have all the answers." Ah! Yes, you are! Any time something comes up right in front of you and it seems to be opposed to what you would know, what you would want to go forward with, breathe, and then breathe again. I have seen ones say, "Okay I took a breath. (takes quick, short breath) That's not going to do it. Allow yourself to relax into the breath. Take a deep breath and allow all of the cells of the body to relax. Take another deep breath. And feel yourself expanding. Feel the body to be at ease. Then if you have to make decision, make decision. And if it does not feel quite complete, or does not feel loving, breathe again. Yes, I know you are saying, "But Jeshua, I will hyperventilate!" No, you will not. And even if you breathe over and over and over and you fall on the floor, rest. (Laughter) It is not difficult. Sometimes I see you and I have to smile because you will take something that you been chewing on for a while - some ideas, some judgment - you think it is so difficult and then you get a shift that happens and you begin to laugh. I see you do this and you laugh at self and say, "Ha! There, I did it again!"
- 2018-1201-033 Our beloved friend and teacher, the one you know is Judith, is very good at this - making judgment and then saying, "Okay. I did it again. I'm taking the

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deep breath and choose anew." Yes, it is good for the cells of the body that you have the breathing, the oxygen. If nothing else at least you are nourishing the cells of the body.

2018-1201-034 Beloved ones, this new year that you are approaching, it is a gift. It is truly unwritten as it is seeing how there will be certain stimuli that will allow you to make new choices. But it is not written in stone. You are going to be creating the new year. Allow it to be new. Make new choices even play with "How can I see this anew?" Do not judge self harshly. Love self and it is easier to love other ones. Know that truly I walk into your new year with you. There is no place where you are, that I am not. Everywhere, every time, every circumstance, I am with you and I love that which you are.

2018-1201-035 So Be It.